

# Health screening programme 2017

Revised in April 2017

## Basic Course for adults

Category	Details	M	S	A	A+	B	B+	G	G+
Somatometry	Height Weight BMI Body Fat Rate Eye sight(excluded in M course) Abdominal Circumference(above 40yrs old only)	o	o	o	o	o	o	o	o
Urine	Urobilinogen Bilirubin Ketones Glucose Protein Blood Nitrite pH	o	o	o	o	o	o	o	o
Stool	Occult Blood Parasites			o	o	o	o	o	o
BP	Blood Pressure	o	o	o	o	o	o	o	o
ECG	Resting ECG		o	o	o	o	o	o	o
Haematology	RBC WBC Hb Hct Platelets	o	o	o	o	o	o	o	o
	Polymorphs Lymphocytes Monocytes Eosinophils Basophils	o	o	o	o	o	o	o	o
	Iron			o	o	o	o	o	o
Liver, Pancreatic, gall bladder function	GOT GPT γGTP T-Bil	o	o	o	o	o	o	o	o
	LDH ALP TP Albumin Amylase			o	o	o	o	o	o
Lipid profile	Total-Cholesterol TG HDL LDL	o	o	o	o	o	o	o	o
Kidney function	Uric Acid	o	o	o	o	o	o	o	o
	BUN Creatinine Sodium Potassium			o	o	o	o	o	o
Diabetic screening	Glucose HbA1c	o	o	o	o	o	o	o	o
Rheumatoid / Tumour markers	RA Tumour markers : CEA AFP CA19-9 PSA(Male only) CA125(Female only)			o	o	o	o	o	o
Thyroid function	FT4 TSH			o	o	o	o	o	o
Hepatitis screening	HAV Ab HBsAg HBsAb			o	o	o	o	o	o
	HCVAb							o	o
Chest X-ray	Chest X-ray		o	o	o	o	o	o	o
Hearing test	1000Hz 4000Hz				o		o		o
U/s Abdomen	Ultrasound of Liver, Gallbladder, Spleen, Kidney & Pancreas				o		o		o
Barium meal	Gastroduodenal X-ray					o	o		
Gastroscopy	Gastroscopy HCVAb, RPR & HIV test are required before doing gastroscopy. In case HIV is positive, you may need further investigation and we will notify the authority.							o	o
Consultation	Consultation by doctor		o	o	o	o	o	o	o
Report	Reporting in Japanese or English	o	o	o	o	o	o	o	o
Follow-up	Explanation of the result (If you require to do any test, they will be charged accordingly)		o	o	o	o	o	o	o
PRICE (S\$) GST exclusive		125	225	385	580	515	710	930	1125

### (Food limitation before Medical check-up)

You need to fast if you have medical check-up for all adult course and children C course.

#### \*Appointment at 9am:

Please do not take any food after 11pm on the previous day, you may take water before you go to bed. Please do not take any drinks from 5am in the morning before the examination.

#### \*Appointment at 2pm:

You can take light breakfast before 7am, after which please do not eat. You may take water till 10am.

## Special test (You may add these test additionally to our basic course)

1a	Eye ground		40	
1b	Eye pressure		30	
2	Tumour markers	CEA AFP CA19-9 PSA (Male only) CA125(Female only)	110	Included in A+, B+ & G+ course
3	Pap smear	Screening for cervical cancer for female	45	
4	U/S Abdomen	Ultrasound of Liver, Gallbladder, Spleen, Kidney and Pancreas	85	Included in A+, B+ & G+ course
5	Allergy test	Blood test for IgEAb a. Food panel b. Inhalant panel	170 140	
6	Syphilis	RPR	15	Included in G & G+ course
7	Sputum test	Sputum cytology test for lung cancer or infection	85	
8	HcvAb		45	Included in G & G+ course
9	Lung function		50	
*10	U/S Pelvis	For Female to check ovaries and Uterus	100	
*11a	U/S Breast	For Female to screen breast cancer	90	
*11b	Mammogram	(Mammogram is recommend for who are above 40 years old)	100	
12	Hearing test	1000Hz 4000Hz	25	Included in A+,B+ & G+ course
13	Helicobacter Pylori Ag	Stool test for Helicobacter Pylori Ag	100	

-Items indicated with \*will be carried out in other radiology clinic. An appointment will be made when you come to our clinic.  
Please inform us to put in advance order if you wish to go on the same day.

## Basic course for children

Category	Details	C	D
Somatometry	Height Weight BMI Eye sight( above 6yrs old only)	o	o
Urine	Urobilinogen Bilirubin ketones Glucose Protein Blood Nitrite pH	o	o
Stool	Occult blood Parasites	o	o
BP	Depending on the age	o	x
Haematology	RBC WBC Hb Hct Platelets	o	x
Liver function	GOT GPT	o	x
Lipid profile	Total cholesterol TG HDL LDL	o	x
Diabetic screening	Glucose	o	x
Hepatitis screening	HAVAb HBsAg HBsAb	o	x
Consultation	Consultation by doctor	o	o
Report	Reporting in Japanese or English	o	o
Follow-up	Explanation of the result (If you require to do any test, they will be charged accordingly)	o	o
PRICE (S\$) GST exclusive		<b>170</b>	<b>75</b>

### Remarks

- \*Please inform us in advance if any immunization or additional test is required.
- \*If you have postponed stool test, please bring it within 2 weeks. Otherwise it will be cancelled automatically.
- \*For special 1, you need to remove your contact lenses.
- \*Special 3 is not carried out on Tuesday afternoon.
- \*Special 4 & 9 are not carried out on Thursday afternoon.
- \*For special 7, you need to use a sterilized container for sputum collection. It's recommended to collect the specimen in the morning.
- \*For Gastroscopy, HCVAb, RPR & HIV test are required.
- \*If you are taking any medication, please inform us.
- \*For ladies: If you are pregnant or suspect of pregnancy, please inform us. X-rays examination is not recommended.  
Pap smear, urine & stool test are not recommended during menstruation.
- \*Lunch coupons will be provided for S, A, A+, B, B+, G, G+ & C course.

**THE JAPANESE ASSOCIATION CLINIC**  
120 Adam Road Singapore 289899

TEL: [64696488](tel:64696488), 64670070 FAX: 64671298 E-mail: [clinic@jas.org](mailto:clinic@jas.org) Web: [www.japanese-clinic.com.sg](http://www.japanese-clinic.com.sg)

The Japanese Association Clinic, Singapore 2017